

# Sudan High School Lunch Menu

October  
2025

Fruit and vegetables offered daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29</b>  	<b>30</b>  	<b>1</b>  Crispy Chicken Tenders Oven Roasted Chicken Dinner Roll French Fries Baby Carrots Applesauce Fresh Apple Choice of Milk	<b>2</b>  Homemade Cheese Pizza Hot Italian Sub Roasted Broccoli Caesar Side Salad Diced Pears Orange Choice of Milk	<b>3</b>  Crispy Chicken Sandwich Grilled Cheese Sandwich Corn on the Cob Lettuce & Tomato Sliced Peaches Fresh Grapes Choice of Milk
<b>6</b>  Chicken Alfredo w/Pasta Chicken Parmesan w/Pasta Bread Stick Roasted Carrots Cherry Tomato Diced Peaches Fresh Apple Choice of Milk	<b>7</b>  Chicken Chili Crispito Mexican Brown Rice Chicken and Cheese Quesadilla Refried Beans Firenze Corn Salad Mixed Fruit Fresh Orange Choice of Milk	<b>8</b>  Steak Fingers Dinner Roll Oven Fried Chicken Leg Dinner Roll Mashed Potatoes Broccoli Florets Sliced Peaches Fresh Pear Choice of Milk	<b>9</b>  Homemade Sausage Pizza Italian Beef Lasagna Garlic Breadstick Steamed Green Beans Caesar Side Salad Diced Pears Fresh Grapes Choice of Milk	<b>10</b>  Loaded Hot Dog Crispy Chicken Sandwich French Fries Creamy Coleslaw Pineapple Tidbits Fresh Apple Choice of Milk
<b>13</b>  <b>No School</b>	<b>14</b>  Soft Beef Tacos Creamy Chicken Enchilada Bake Spanish Rice Charro Beans Cucumber Slices Fruit Salsa Fresh Orange Choice of Milk	<b>15</b>  Chicken Fried Steak Crispy Chicken Nuggets Dinner Roll Mashed Potatoes Garden Salad Sliced Peaches Fresh Pear Choice of Milk	<b>16</b>  Homemade Pepperoni Pizza Cheese Calzone Garlic & Herb Broccoli Garden Salad Diced Pears Fresh Orange Choice of Milk	<b>17</b>  All American Hamburger on a Bun Classic Cheeseburger Hotdog French Fries Lettuce & Tomato Applesauce Fresh Pear Choice of Milk
<b>20</b>  Orange Chicken Brown Rice, WG Cheese Bosco Sticks Marinara Sauce Glazed Carrots Creamy Coleslaw Mandarin Oranges Fresh Apple Choice of Milk	<b>21</b>  Beef Nachos Cheese Quesadilla Spanish Rice Refried Beans Lettuce, Tomato and Cheese Pineapple Tidbits Fresh Pear Choice of Milk	<b>22</b>  Crispy Chicken Tenders Dinner Roll Oven Roasted Chicken Dinner Roll French Fries Baby Carrots Applesauce Fresh Apple Choice of Milk	<b>23</b>  Homemade Cheese Pizza Hot Italian Sub Roasted Broccoli Caesar Side Salad Diced Pears Fresh Orange Choice of Milk	<b>24</b>  Hot Italian Sub Toasted Cheese Sandwich Corn on the Cob Lettuce & Tomato Sliced Peaches Fresh Grapes Choice of Milk
<b>27</b>  Chicken Alfredo w/Pasta Bread Stick Chicken Parmesan w/Pasta Bread Stick Roasted Carrots Cherry Tomato Applesauce Fresh Apple Choice of Milk	<b>28</b>  Chicken Chili Crispito Chicken Fajitas Mexican Brown Rice Spiced Pinto Beans Firenze Corn Salad Mixed Fruit Fresh Orange Choice of Milk	<b>29</b>  Steak Fingers Dinner Roll Oven Fried Chicken Leg Dinner Roll Mashed Potatoes Broccoli Florets Sliced Peaches Fresh Pear Choice of Milk	<b>30</b>  Homemade Sausage Pizza Italian Beef Lasagna Garlic Breadstick Steamed Green Beans Caesar Side Salad Diced Pears Fresh Apple Choice of Milk	<b>31</b>  Loaded Hot Dog Crispy Chicken Sandwich French Fries Creamy Coleslaw Pineapple Tidbits Fresh Orange Choice of Milk

## PRICES

Student  
Adult  
Extra Milk

Free  
\$4.50  
\$.75

## EXTRA INFO

Choice of Milk: 1% White or Chocolate  
For questions please contact:  
Tonya Draper- Food Service Director  
tonyadraper@sudanisd.net

## HARVEST OF



## THE MONTH

Menus and nutrition  
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